Herbal History Research Network Day Seminar

'Explaining the Actions: Researching Herbal Pharmacology in History'

10.00 am-5.00 pm, Wednesday 13 July 2011

Room 1.18, Food Sciences Building, School of Pharmacy, University of Reading, Whiteknights Campus, Reading, Berkshire, RG6 6UR

(Travel information at www.reading.ac.uk/about/find/about-findindex.aspx)

Day Seminar Event Outline

A one day seminar for researchers in the history of herbal medicine, the focus of this event is on the pharmacology of herbal medicine in historical context. Contributors will provide an overview of methodological issues in identifying herbs and their sources, considering efficacy as well as exploring the constituents and actions of selected herbs with their uses and preparations. This event will be of interest to a variety of researchers, practitioners and lecturers including ethnobotanists, historians of medicine, medical herbalists, pharmacists and other academic and independent researchers. **Places are limited and registration must be completed in advance.** To register for this event, complete the attached form and return by 22nd June 2011.

Day Seminar Programme

10.00 -10:45 **Registration**

10:45 **Welcome**
Professor Elizabeth Williamson, University of Reading

11.00 – 12.30 **Herbal History and Pharmacological Investigations**
Chair: Dr Anne Stobart, Herbal History Research Network
(i) **'**German Renaissance herbals from a pharmacological perspective'
Dr Michael Adams, University of Basel
(ii) 'Pharmacological explorations of known Anglo-Saxon pharmacopoeial texts'
Frances Watkins, MNIMH, University of East London

12:30-1.30 **Lunch**

1.30-3.45 **Applications and Preparations in the History of Herbal Medicine**
Chair: Vicki Pitman, Vice-President, Unified Register of Herbal Practitioners
(i) 'Counter-irritant herbs: a case study in herbal history'
Dr Jose Prieto-Garcia, School of Pharmacy, London
(ii) '*Crataegus oxyacantha*, researching the actions and uses of Hawthorn'
Mary Tassell, Cork Institute of Technology
(ii)) 'Wrist plasters in early modern England: an effective means of controlling dosage?'
Dr Anne Stobart, Herbal History Research Network

3.45-4.00 **Afternoon Tea**

4.00-5.00 **Visit to the Medicinal Herb Garden**, Whiteknights Campus, University of Reading

Herbal History Research Network

The Herbal History Research Network aims to encourage scholarly research into the history of herbal medicine. The organisers of this event are Susan Francia, Barbara Lewis, Vicki Pitman, Anne Stobart, Nicky Wesson. **Our thanks to our contributors and for the support of the University of Reading to make this seminar possible.** For further details contact Anne Stobart at a.stobart@herbaid.co.uk.

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