Herbal History Research Network

Tenth Anniversary Seminar Programme

A Celebration of Herbal Medicine History: researching botanical knowledge and discovery

Join us for a day of exploring achievements in herbal history research, with a focus on the role of herb growers and gardeners and on how herbal medicines were used. Another focus will be on the process of research into historical sources, looking at the methodology and issues around the identification of the relevant medicinal plants.

10.00am–4.30pm, Wednesday 30th October 2019
Bath Royal Literary and Scientific Institution, 16-18 Queen Square, Bath, UK, BA1 2HN

Tickets available from https://www.eventbrite.co.uk/e/a-celebration-of-herbal-medicine-history-researching-botanical-knowledge-tickets-60060280917

9.30 – 10.15	Registration	
10.15	Welcome and Introduction	
	Morning Session:	
10.30	Michael Heinrich, UCL School of Pharmacy	Traditional practice – future wisdom? Quality, safety and evidence of herbal medicines from an ethnopharmacological perspective
11.00	Graeme Tobyn, University of Central Lancashire	The identification of William Turner's herbalists in Tudor and Stuart England
11.30	Anna Parkinson, Independent researcher	Tracking an old story: John Parkinson's life as an apothecary and gardener (1568–1650)
12.10	Panel discussion	
12.30	Lunch	*Lunch is included at the Institute, with time for networking, viewing student poster presentations and buying books*
	Afternoon session	
2.00	Clare Hickman, University of Chester	Scottish eighteenth-century botanic gardeners: technicians, teaching assistants, researchers and artists
2.30	Ruth Mannion Daniels, Independent researcher	Botanical medicines used by the Royal Naval surgeons, 1793–1815
3.00	Cassandra Quave, Emory University, Atlanta	Historic herbal texts as a resource for drug discovery in the post-antibiotic era
3.40	Panel discussion; Closing Session	
4.30	Close	

Student Bursaries: The National Institute of Medical Herbalists (NIMH) Education Fund is supporting our 10th anniversary by offering up to ten bursaries to cover admission and travel expenses up to £100, to students and recently qualified practitioners of herbal medicine. For more details, see http://www.herbalhistory.org/home/seminars/

Directions/Parking: It is a 10–15 minute walk from Bath Spa train station to Queen Square.

There are several car parks close to Queen Square, including the large Charlotte Street car park. For other options, see the map: https://visitbath.co.uk/documents/site/Bath_Parking_Map.pdf

More information about Bath can be found at: https://visitbath.co.uk/plan-your-visit/maps-and-guides/

Lunch: A vegetarian and vegan buffet lunch will be provided. Please ensure that you tell us at herbalhistoryrn@gmail.com if you have any allergies or particular requirements.

Access: This is a Georgian building with an initial step leading to the ramp into the building. When inside the building, there are no further steps to negotiate. The disabled toilet is on the ground floor next to the lift. Please let us know if you have any issues with access so that we can liaise with staff at the Institution.

Privacy: We will add your name and contact details to the HHRN mailchimp mailing list and database. If you do NOT agree to this, please email herbalhistoryrn@gmail.com and we will ensure that your contact details are not added. We will prepare a list

of attendees using your name, organization and email. Again, if you do NOT agree to this, please tell us. The HHRN privacy policy is available at www.herbalhistory.org We will keep the paper records of your registration at the Seminar for 5 years.

Speakers:

Ruth Mannion Daniels: Botanical medicines used by the Royal Naval Surgeons, 1793 to 1815.

Ruth Mannion Daniels, MCPP is a medical herbalist in Bath. After a first degree in biology (UCNW) she did a degree in Phytotherapy (UCW) and has been practising since 2005. Nutrition, the role of traditional diets against non-communicable diseases, environmental sustainability and resilience, and the quality of herbs are important aspects of her practice. She is currently running a programme in the rain forest of Kenya introducing botanical and environmentally sustainable treatments for the problem of jiggers.

Michael Heinrich: Traditional practice - future wisdom? Quality, safety and evidence of herbal medicines from an ethnopharmacological perspective.

Professor Michael Heinrich leads the Centre for Pharmacognosy & Phytotherapy, University College London, School of Pharmacy. See https://iris.ucl.ac.uk/iris/browse/profile?upi=MHEIN39

Claire Hickman: Scottish eighteenth-century botanic gardeners: technicians, teaching assistants, researchers and artists.
Dr Claire Hickman is Senior Lecturer at the University of Chester. See https://www1.chester.ac.uk/departments/history-and-archaeology/staff/clare-hickman

Anna Parkinson: Tracking an old story: John Parkinson, apothecary & gardener (1568-1650)
Anna Parkinson is a former BBC producer who lives and writes in Kent. She is author of *Nature's Alchemist: John Parkinson, herbalist to Charles I,* (2007) and *Change Your Mind, Heal your Body (2014).* She now also practices as a healer and continues to work with herbs but she does not prescribe plants medicinally.

Cassandra Quave: Historic herbal texts as a resource for drug discovery in the post-antibiotic era

Dr Cassandra Quave is Curator of the Herbarium and Assistant Professor of Dermatology and Human Health at Emory University, Atlanta, where she leads drug discovery research initiatives and teaches undergraduate courses on medicinal plants, food and health. Trained as a medical ethnobotanist, her research focuses on the documentation and biochemical analysis of botanical remedies, with specific interest in natural products that target antimicrobial resistance. See http://dermatology.emory.edu/faculty-bios/quave-cassandra.html

Graeme Tobyn: The identification of William Turner's herbalists in Tudor and Stuart England.

Dr Graeme Tobyn is a Senior Lecturer in Faculty of Health, University of Central Lancashire. He completed his PhD in the history of medicine at Lancaster University in 2017, on "English herbs for English bodies: The promotion of native plant remedies 1548-1659, Nicholas Culpeper and his antecedents". He practised herbal medicine for 26 years as a former member and fellow of NIMH. He is external examiner for the BSc Herbal Medicine programme at Lincoln College, UK. He was visiting botanical medicine scholar at Bastyr University, Seattle, USA in 2015. His publications include *Culpeper's Medicine* (1997/2013) and co-author of *The Western Herbal Tradition* (2011/2015). See https://www.uclan.ac.uk/staff_profiles/graeme_tobyn.php